



Region 2 Xcel Athlete Clinic

October 7, 2017

Wings Center 1875 Century Way Boise, ID

ATHLETE CLINIC

Who is eligible: Xcel Athletes: Silver, Gold, Platinum and Diamond

- Registrations accepted on a first come first serve basis
- Limit of 60 athlete participants
- **\$65 Per Athlete**

Goals: Have fun! in a camp like atmosphere where clinicians will help coaches and athletes identify areas for improvement and provide drills and suggestions to help with technique. A judging session will also provide athletes with information to help them understand the scoring process.

Coach/Judge Clinic:

- Coaches'/judges' clinic 9:00 – 11:00 AM
- Update for the 2017-18 season and time for questions.
- **\$20 or Free** to coaches who bring more than 5 athletes.
- **\$20 for Judges - can get CPE hours**

TENTATIVE SCHEDULE:

9:00 – 11:00 AM Coach/Judge clinic – Dianne Palmer, Region 2 Xcel Chair

11:00 - 11:30 Lunch on own

11:30 AM Athlete check in

12:00 – 6:00 Event rotations followed by pizza party

Tentative Clinicians: Jesse Dowell, Megan Grigsby, Summer Nelson, Brandon Paine, Elise Kokenge, Janell Law

Region 2 Xcel Athlete Clinic

Saturday October 7, 2017

Wings Center 1875 Century Way Boise, ID

Club Name: _____

Club Address: _____ City: _____ State: _____ Zip: _____

Club Phone: _____ Club Email: _____

- ✓ Coaches required to attend and rotate with their gymnasts – rotations according to divisions and skill level.
- ✓ Athlete cost \$65 per athlete
- ✓ Coach / Judge cost \$20 (see flyer)

Coaches and athletes attending must have current USA Gymnastics memberships. This is a sanctioned event.

Coach/Judge: _____ Pro Member # _____

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Coach/Judge: _____ Pro Member # _____

	Gymnast	USAG #	Division 2017-18 8season	Birthdate
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Deadline for registration: September 20, 2017

Number of gymnasts registering _____ X \$ 65 = _____

Send this form with **check made out to Region 2**, to:

Dianne Palmer 615 SE High Street Pullman, WA 99163