

SECTION 1 – GENERAL INFORMATION – JUDGING PANELS – CHAPTER 1

	<p>Incorrect attire – includes unacceptable jewelry (after a warning)</p> <ul style="list-style-type: none">• Unacceptable jewelry is <u>not</u> allowed during warm-ups or competition.• Deduction applied to the first event competed after a warning.• Meet Referee must inform the Chief Judge at any subsequent events, so that no further penalty will be taken.• Deduction is taken one time only. <ol style="list-style-type: none">1. Acceptable attire is a one-piece leotard with or without sleeves and no bare midriff.2. Unitards with long legs to the ankle, with or without sleeves are acceptable.<ul style="list-style-type: none">• In addition to a leotard or ankle-length unitard, acceptable attire would also include ankle-length tights worn under the leotard (that match the leotard or are skin tone).3. Head covering is acceptable, if attached to the leotard or unitard and fits snugly over the head, <u>not</u> to impose a safety hazard to the Gymnast.4. Leg cut of the leotard must be below the pelvis / hip bone.5. Backless leotards are <u>not</u> acceptable.<ul style="list-style-type: none">• EFFECTIVE AUGUST 1, 2020 - A leotard is considered backless when the open area extends past the bottom of the bra line and the open area extends past the vertical midpoint of the scapula, unless the open area is filled in with mesh or flesh-colored fabric.6. Underwear (including sports bras) should <u>not</u> be visible.<ul style="list-style-type: none">• If underwear is visible due to the cut of the leotard, warn the Gymnast's Coach. If the Gymnast does <u>not</u> correct it, take a deduction on her subsequent event.• Underwear, including sports bras, should <u>not</u> be intentionally visible throughout the entire routine. However, if briefs or bra straps show due to activity, do <u>not</u> take a deduction.• Clear bra strap is acceptable.• Common sense should prevail.7. One pair of stud earrings is allowed; one earring per ear, in any part of ear.<ul style="list-style-type: none">• All other piercings must be removed.• <u>Not</u> just covered with tape or a bandage.8. Necklaces and Bracelets are <u>not</u> allowed. <u>EXCEPTION:</u> Medical bracelets must be covered by athletic tape.9. Spaghetti straps are considered inappropriate attire. Straps must be a minimum of 2 cm. (7/8") wide.10. Elastic waistbands traditionally worn as training aids are incorrect attire. (This does <u>not</u> include medically necessary bandages).11. Failure to wear a competitor number when required. <u>EXCEPTION:</u> At Level 9 East / West and Level 10 JO National Championships, the Gymnast MUST wear her competitive number during the competition, unless she is performing a back spin on beam or floor, in which case the Coach must show the number to the judges.12. Hair should be secured away from the face, so as <u>not</u> to obscure her vision of the apparatus.13. Tennis shoes are <u>not</u> considered appropriate Gymnastics footwear.
--	---

SECTION 1 – GENERAL INFORMATION – JUDGING PANELS – CHAPTER 1**CHIEF JUDGE (continued)**

<u>0.20</u>	<p>Excessive use of magnesia (Chalk) or Incorrect use of Tape</p> <ul style="list-style-type: none"> • Small chalk markings may be placed on the Beam (tape markings are <u>not</u> allowed). • Spreading of magnesia on the Floor Exercise area is <u>not</u> allowed; only small marks are allowed. • A single-line arc drawn in the corner of the floor is acceptable. • No Velcro or tape markings are allowed within the Floor Exercise area. • Tape markings are allowed at the corners of the Floor Exercise area to indicate the boundary line in case the floor carpet uses two colors to mark the boundary line. • Use of tape or excessive magnesia (chalk) is <u>not</u> permitted on the Vault Table. • Athletic tape or Velcro strips (NO CHALK) may be placed on the Vault runway, provided that such markings are removed no later than the end of the rotation. <ul style="list-style-type: none"> ✓ Maximum width of the Velcro strip or athletic tape is 5 cm. (2”); ✓ Maximum length is 3 feet. ✓ Judge must issue a warning, before taking a deduction if the measurement is exceeded or if the markings are <u>not</u> removed.
<u>0.30</u>	Use of unauthorized or Additional Mats, Springboard on unauthorized surface, or use of Hand Placement Mat for traditional approach Vaults
<u>0.30</u>	Lands UB / BB dismount or FX Acro Salto in Solid or Loose Foam Pit
<u>0.30</u>	Failure to remove the board after the mount
<u>0.30</u>	Failure to remove board or authorized spotting device after a release element
<u>0.30</u>	Using incorrect apparatus specifications , including incorrect spring configurations
<u>0.50</u>	<p>Starting the exercise before the signal is given (deduct from repeated performance).</p> <ul style="list-style-type: none"> • If the Gymnast starts the exercise before the signal is given, she should be asked to stop and repeat the performance immediately. • Refer to Section II Vault for specifics.
<u>0.50</u>	<p>Coach on the Floor Exercise area inside the border marking (LEVEL 6 / 7 / 8 / 9 / 10)</p> <ul style="list-style-type: none"> • No deduction if Coach is in the Floor Exercise area to remove an object fallen from Gymnast (i.e., metal hair clip, eyeglasses, etc.). • No deduction to adjust the placement or to remove a skill cushion.
<u>1.00</u>	<p>Absence of music or music with words or song / speech Refer to Section V Floor Exercise for specifics.</p>
<u>1.00</u>	<p>Performance of a One-arm Vault:</p> <ul style="list-style-type: none"> • At least half of the vault panel must see that only one hand touched the Vault Table.
<u>2.00</u>	<p>Short Exercises (applies to complete or incomplete routines)</p> <ul style="list-style-type: none"> • Uneven Bar routine with less than 5 Value Parts • Balance Beam and Floor Exercise routines – less than 30 seconds • <u>EXCEPTION</u>: Refer to LEVEL 6, Section 4 Balance Beam for specifics.