



USA GYMNASTICS NEW ELEMENT EVALUATION FORM (Junior Olympic and NCAA)

Please submit two copies of this form, a video and a self-addressed stamped envelope (or submit electronically) to your Regional Technical Committee Chairman and Regional Jr. Olympic Committee Chairman in order to officially request evaluation of elements not listed in the current *USA Gymnastics Women's Jr. Olympic Code of Points*. You will receive a temporary RTCC evaluation for the new element which will be valid for one Jr. Olympic quadrennium (beginning August 1 of the year following the Summer Olympics) unless evaluated by FIG at a higher level.

Please allow a minimum of 3 weeks for the evaluation to be processed. When this form is returned to you with an element evaluated and the proper RTCC verification signature, you, as coach, are required to carry the form with you to all competitions and present it to the Meet Referee prior to the judges' meeting that precedes the competition. NO OTHER FORM OF VERIFICATION WILL BE ACCEPTABLE.

Coach's Name Tanya Ho Address 3550 Providence Dr
City Anchorage State AK Zip 99508
Cell Phone 907-227-1924 FAX# 907-786-1142 E-mail thod@alaska.edu
Gymnast's Name Rachel Decious Level: Elite JO NCAA
EVENT Beam Element Name Pike jump with 1/4 turn

Element Description (Please provide a written description and a drawing of the element):

Please include video and send copies to both your RTCC and RJOCC.

Pike jump from cross position with 1/4 turn to land in side position



Rating of Element E D C **(B)** A No Value

USAG Women's Technical Committee Verification Signature:

Region 2 RTCC Lute Muhlil Date 12-18-19

Note to RTCC: Please return one copy of this form to the coach, the National Technical Committee Chair and keep one copy for your files. Also post on your Regional website any new elements you have evaluated and e-mail the other RTCCs to inform them of the posting.

Please forward any new elements submitted by NCAA coaches to the NCAA Women's Gymnastics Rules Interpreter, Chrystal Chollet-Norton at rulesncaagym@embarqmail.com